Health office

Flu Vaccinations 2018

WHEN: Tuesday, October 30
Wednesday, October 31
08.00-16.00

WHERE: Health Office (Room 1011-Ground Floor, opposite H R)
COST: 1,200 Rubles

Flu season is nearly upon us! Influenza (flu) is a contagious disease, caused by the influenza virus, which attacks the respiratory tract in humans (nose, throat and lungs). The flu is different from a cold and usually comes on suddenly. It may include the following symptoms: fever, headache, tiredness, dry cough, sore throat, nasal congestion and body aches. Most people will recover within two weeks but serious complications such as pneumonia or bronchitis may arise.

Much of the illness caused by flu can be prevented by a yearly flu vaccine. The ***Vaxigrip Tetra Flu*** vaccine is produced by *Sanofi-Aventis.* This vaccine complies with the WHO (World Health Organization) recommendations (Northern Hemisphere) and EU decision for the 2018/2019 season. The vaccine stimulates the body's immune system against flu. Vaccination is recommended for both adults and children and should be given each year (before winter) because the flu virus strains do change from year to year.

The flu vaccine is recommended for people who are at greatest risk of complications of the flu.

- People likely to transmit flu or at increased risk of infection, such as health care personnel, teachers, household members;
- People exposed to extreme weather conditions;
- People with chronic illnesses (asthma, diabetes, lungs, heart or kidney disease);
- People that are immune suppressed;
- People over age 65.

Adverse reactions to the flu vaccine may include soreness at the injection site for one or two days, low grade fever or lower energy level for one or two days. As with any vaccine, there is a possibility that an allergic reaction could occur. **People should not take the flu vaccine if they are *allergic to eggs* or have had previous allergic reaction to the flu vaccine; vaccine should not be given if one has a fever, or cold/flu symptoms.**

The **AAS Health Office medical staff** will administer the flu shot on **October 30 and 31.** These dates may need to be expands or reduced depending on the number of responses, vaccines need to be ordered, and students scheduled to attend, therefore it is important to **return forms AND payment before October 29**.
If you and/or your children would like to receive the flu vaccine at school, and are **NOT ALLERGIC TO EGGS OR EGG PRODUCTS**, please complete, sign and return the attached "Informed Consent" form to the AAS Cashier with payment in a sealed envelope.

If you have any further questions, please feel free to call the Health Office @ 231-4462 at any time.

informed consent

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I am familiar with the attached information and benefits regarding the flu vaccine.
I/My family members have no allergy to eggs and have not had a previous allergic response to flu vaccines.
I request the VAXIGRIP flu vaccine be given to those named below my signature.

Parent/Staff (Print Last Name)_____Date _____

Parent/Staff Signature_____Home Phone _____

Emergency telephone number _____

Family Members:

	Last Name / **First Name**	Age	Grade	Teacher
1				
2				
3				
4				
5				
6				

Cost per vaccine is **1,200 Rubles.**

Please return this completed form with payment in a sealed envelope to the AAS Cashier.

PLEASE NOTE: There will be **no refunds**.

- If your child needs assistance to receive a vaccine, please plan to be here with your child.
- No vaccinations will be given to Pre-K and Kindergarten children unless accompanied by a parent. We will advise time and date for these children.
- **Children 8 years and younger will need to receive a booster 4 weeks following the initial vaccine if they have NOT received a previous flu vaccine. The boosters can be obtained at the Health Office as long as you paid in advance or at your clinic of choice.**
- You will need exact payment and consent form must be signed before vaccinations will be given.

For more information please visit:
https://www.cdc.gov/flu/about/season/flu-season-2018-2019.htm